



Lara Visagie



ACTOR | DANCER | SINGER

FILM & TV		ROLE	DIRECTOR / PRODUCTION
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2022	Projek Dina S3	Receptionist	Penguin Films
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THEATRE		ROLE	DIRECTOR / VENUE
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2024/5	The Addams Family	Ensemble, Puppeteer, Morticia Cover	Garth Tavares, MotherCity Productions
2023	The Sound of Music	Frau Zeller, Nun, Various	Pieter Toerien Productions
2022	Pippin	Fastrada	Waterfront Theatre School
2021	History Girls	Joan of Arc	TallyHo! Productions
2019	Spring Awakening	Female Swing	Waterfront Theatre School

TRAINING			
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Turbo Actor's Action Workshop: Special One Piece action edition

Shakespeare Intensive with Geoffrey Hyland

Bonnie Rodini

Character Workshop

Shelley Lothian

Self-Tape Struggles

Turbo Action

Actor's Action

Waterfront Theatre School (WTS)

ISTD Gold Jazz, ISTD Advanced 1 Tap, ISTD Intermediate ballet, Private Vocal Coaching

Trinity ATCL Diploma (Performance)

ISTD Silver Jazz, ISTD Intermediate Tap, ISTD national grade 5 Ballet

Schoeman Smit

Vocal Coaching

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FURTHER DETAILS

Appearance	Hair: Blonde Height: 179cm	Eyes: Blue Shoe: 7UK	Clothing Size Top: M Clothing Size Bottom: M
Accents	American (Standard), Australian, British (RP), German, Irish, Scottish		
Languages	English, Afrikaans		
Dance	Jazz, Modern, Tap		
Licenses	Driving Code 8		
Niche	Comic Timing, Rollerblading, Master of Ceremonies		
Singing	E63-F5, Alto, Mezzo, Mezzo-Soprano Ballad, Cabaret, Contralto, Jazz, Rock		
Sports	Athletics, Canoeing, Cross Country, Gym, High Jump, Hula-hoop, Netball, Pilates, Pool, Shooting (F Class Target), Table Tennis, Rollerblading, Yoga		